

How old are you?





Under 12 years old



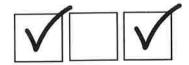


12 to 15 years old



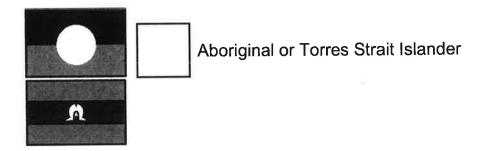


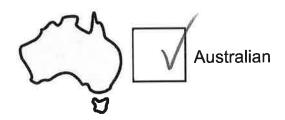
16 to 18 years old.



Tick as many boxes as you need to.

## You are









Write the name of the country.

East timor leste



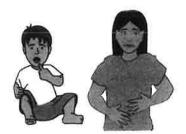
1. You may **not** get the good food you need.

What happens?

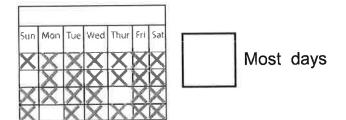
How do you feel?

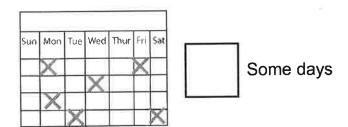
Does it stop you going to school?

$\sim$	
X	
2	



## 2. How many times is it like this for you?



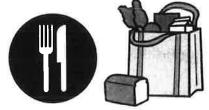


รินก	Mon	Tue	Wed	Thur	Fri	Sat
			X			

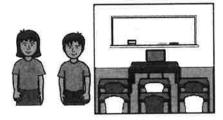


- 3. What makes it hard to get good food? Like
  - there is **no** food in the house
  - no one can cook the food
  - the shops do **not** have any good food.

s		



4. Do you go to other places to get free food?

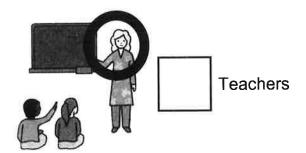


Like at school. You get food from





School breakfast club







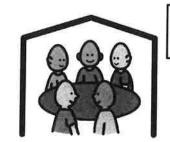


Other kids



Before school care

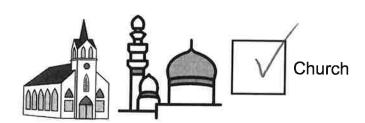
After school care.



Community group.

A place where people get help.

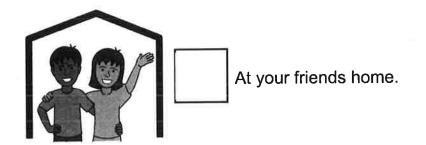
Like Food bank

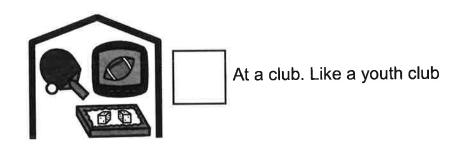


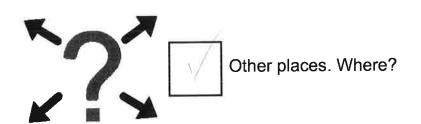


Other family. Like with

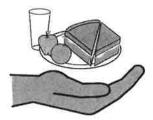
- your aunty
- your grandpa.











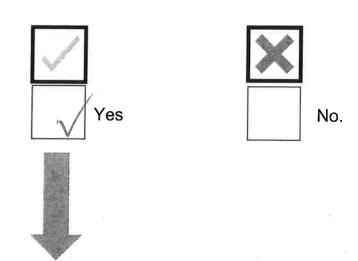
5. Do you need more help to get good food?

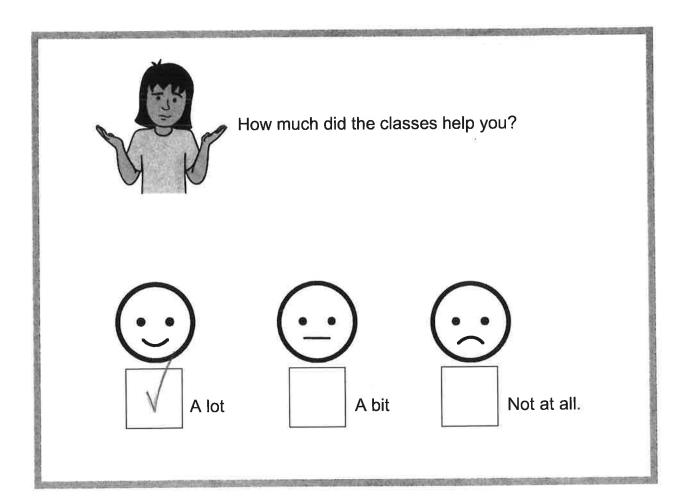


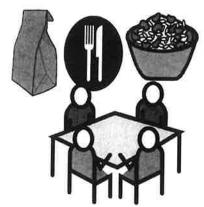


6. Have you learnt about good food

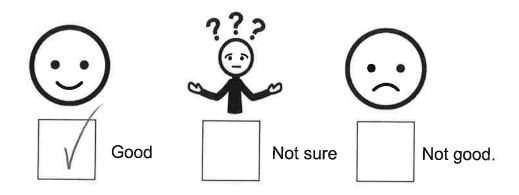
- at school
- other places?





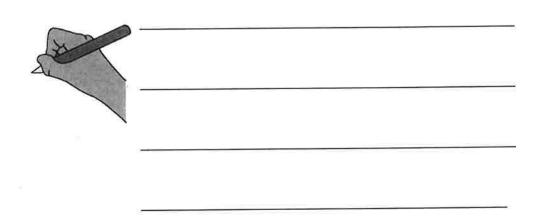


7. What do you think about this idea?All children get a good lunch at school.It is each day.





## 8. Do you have ideas to help?





Go to the next page.

It tells you how to send your story